How are you? Most mornings in the last week slow moving One by product of this whole thing, slowed everything down Need self slow down Focus on what we need to do, ease into day, figure out plan Go go go all the time, come to peace then go about day How are you doing? What's today? 31<sup>st</sup> already? Few weeks ago starting to hear about it in the U.S Seemed so small... now hour by hour you're seeing it increase The reaction to it was crazy It started to get real for me Me and wife sitting in café eating fish tacos The gov shut dance event down in France First domino for me to be like wow Here we are Like every other human I've had my reaction to it As an independent artist my work has been not necessarily taken from me Adapt and readjust myself as an artist I remember the dates exactly... march 14<sup>th</sup> Big events for me cancelling... hit home moment Still optimistic but then once Harvard and MIT sent all students home Pretty clear it was going to be longer than a couple of weeks Artist push out? Not impacted greatly, most of my work at The Dance Complex When Green Street closed down, one of my options went away Other teachers I know thrust out Saying what on earth am I gonna do? It made me think how important it is to have a backup or contingency plan Whether its fair or not, things can get taken away Backup plans in place to continue to function as artists Peaceful protest? I was able to directly talk to the mayor of Cambridge

Pretty healthy dialogue The way space is handled in Cambridge Hard for mayor to say "you can't take that because of the arts" Developers come and go as they please Laws and ordinances Try to preserve Green Street in some way thru connections Takeaway is this It's the time for folks in our dance community to involve themselves in decision making processes Weekly Cambridge meetings artistic portion Representatives of dance community Have a say in what goes on Have a voice in that matter Good mindset for artists anywhere We can't just wait for people to give us the opportunity to control things We need to have a hand in the decision making process Developer money band aid to Green Street Would not work long term Costs and politics in Cambridge more complicated than just throwing money at it Moves made, meetings had with local dance leaders Lots of studios operating that people aren't hip to Can serve as pillars for community if community chose to use them as such How could we be more resourceful with the stuff that's already there? Walk around the block peaceful protest? On the fence Predictive impact? No follow up. Follow up creates lasting impact Consistency of having it build is most important Most important thing we can all do is build communication If you want to do something that's really gonna mitigate change Let's think to foster change Public push out? MIT thing, break dancers would go to practice After hours all classes done Dance happening earlier, teachers and students started to complain

MIT started putting up signs Who are the people playing music whenever they want? Some kind of regulation Goes both ways Tons of university space people aren't hip to Create relationships K: pushback for Stackz? Stackz's experiences, dealing with a lot of irresponsible people didn't have same vision Stackin Stylez event Seen as loud, young, rebellious Having to deal with a lot of b.s Cant use it for "that" artistic work... Dante's Inferno going down different layers of dance hell How were you affected as an artist, what are you gonna do about it? I see how active you are on personal brand Looking forward to this part the most I have a lot of buckets where I teach Dance complex, house 3x a week, intensives Closed Regulating damage control for those who already payed for classes Taekwondo studio prescheduled classes until we were forced to close I had to stop doing everything I was doing in the way I was accustomed to How is it affecting me as an artist? Covid19 has made me a better artist More adaptable and more flexible artist I can wallow in that Or I can try to think about what I can do given my resources and get back in the saddle We now have so much time Other options to maintain virtual classes Make it as good of an experience for my students and me Me and my wife cleaned up living room and adapted lighting Navigate thru online media for live classes Ironing things out

Successful enough 1 day. 70 people for 1 class People from Toronto, Columbia, Singapore West Coast Nebraska! People dance in Nebraska?? People exist in Nebraska? LOL How did you promo classes? Beauty of where we are at in 2020 with social media Email list is my old faithful Virtual classes for taekwondo school Parents tuning in with their kids, both doing workouts People are responding with such vigor I have to keep doing it. To make it a great experience. Living on my laptop that I bought a week ago. Living on my phone To engage with artists and students Building trust and relationships is what is making this a sustainable thing I love that you say you're becoming a stronger artist thru this Online will ever go away. You have a whole new skill set to take with you and to adapt Reconnecting with others All dance crews value that social environment Using zoom for our dance crews Using Tiktok Trying to keep a sense of normalcy with kids for work online Being able to provide sense of normalcy for kids is very important for them So much information being thrown at us It's overload. The cycle repeats. Very spammy We have to be aware that humans are allowed to be humans If we are consistent in producing good quality stuff and we believe in it, there are people that will find it and need it and they will be happy to engage in it Have thick skin as an artist Not everyone is going to want your stuff It makes you adapt I'm in a lucky place to create stuff that people are vibing with Mar 2018 working in bio tech for 10 years. stable play check. salary benefits

Mar 2019 working for myself, comparable amount of money as Mar 2018

Mar 2020. World collapses. Made more money Mar 2020 than Mar 2019 or Mar 2018 in biotech

YES SEAN

It's not about the money. It's a puzzle

My coach says, alot of artists want to out their stuff out for free b/c they're scared that if they charged people that people will say that they need to do it for the love of the art...

But no, you can create it for the love and get paid for it

Lots of time and resources used, it takes time to create quality content.

Artists need to show and sell themselves

I've been studying martial arts for 3 decades

3. straight. Decades. Consistently.

I've done dance for a couple decades

I found dance mentors now guide me in the same ways as my Taekwondo ones did

The teaching experience that I bring is valuable to those who resonate with it

I respect you as a human and I appreciate you

I have learned so much from you

It comes back to communication

When we get up to talk as leaders, students and more, you maintain that human to human connection

Super important during Covid 19 its super important to want to maintain that human to human connection and interaction

If we can stay stimulated spiritually, mentally, and physically, we can come out of Covid19 stronger

Keep looking for that positive energy

I'm not just sharing moves and experience

We are building community

We put the UNITY in COMMUNITY

Thank you for getting up and keeping going